First Responders Resiliency, Inc.

Resiliency Training Announcement

CLASS: Resiliency Training For Families of First Responders

HOST: Geyserville Fire Protection District

LOCATION: 20975 Geyserville Ave. Geyserville, CA 95441

DATE: November 17, 2018

TIME: 1:00 PM-3:00 PM

Seating is limited, please reserve your seats early!

Please RSVP: anewhall@ci.healdsburg.ca.us

Until now, there has been little to no training for families of first responders, and care for first responders has been geared around peer counseling, medication, and talk therapy...a reactive approach. Although good on one level, this treatment simply does not address the underlying and complex issues all first responders face during their careers, and does not prepare them or their families for the issues they will face together.

First Responders Resiliency, Inc. takes a proactive approach to this issue with comprehensive and holistic education and training. Participants will learn techniques and tools which address not just the psychological, but the physical, neurological, emotional and relational elements which will affect everyone in the industry, including their families.

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